

Lisa King Smith, Ed.S, LPC

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In **mental health**, my areas of specialty include consulting, women's issues, teen girls, parenting, life transitions, groups, emotional management, vicarious trauma & compassion fatigue, anxiety & depression, substance abuse, addiction & dual diagnosis, as well as working with adults, children, families, couples & adolescents.

Additional skills: consulting, workshops, organizational development, event management & facilitation, community outreach, personal & small business support, higher education administration & instruction.

Education

(Ed.S) Specialist Degree, Professional Clinical Mental Health Counseling & Supervision

University of West Georgia, Carrollton, GA
Department of Clinical & Professional Studies, College of Education
Completed: April 2014
Maintain professional liability insurance
LPC #LPC008378
NPI #: 1508242850

Highlights

- **Publications:** Academia.edu "Compassion Fatigue and Humor in Mental Health Work" April 2014
- **Scholarship:** 2013-2014 John Pershing Memorial Scholarship winner. Annual scholarship for graduate level Counseling students. College of Education, University of West Georgia.
- **Honor Society:** Chi Sigma Iota: Gamma Zeta Chapter, International Counseling Honors Society. June, 2011-Present
- **Board of Directors Member:** Licensed Professional Counselors Association of GA (LPCA). Western District Chair, 2013-2014 & 2014-2015., 2015-2016 Western District Co-Chair, 2012-16, Executive Committee Member District Representative 2012-2013. In addition, sit on various Board committees,
- **President:** LPCA Student Affiliate Organization (SAO) at the University of West Georgia. 2012- 2014. Initiated reactivation of the chapter at UWG in 2012.
- **Volunteer Trainer.** PREVENT@UWG team member. Campus & community suicide prevention team. 2013-2014
- **Presenter** "Life After Graduation" LPCA GA counselor licensure preparedness presentation. Mercer University Atlanta, GA. LPCA SAO Student Conference. April 2012.
- **Volunteer:** Licensed Professional Counselor's Association of GA (LPCA), Annual Conference. 2011-2014
- **Supervisor:** Supervised graduate Practicum students. Spring 2013
- **Volunteer:** Georgia Integrative Health Conference at UWG. May 2012.

(M.A.) Master of Arts Degree, Psychology

University of West Georgia, Carrollton, GA 2005- 2007
Master of Arts, School of Arts and Sciences, Psychology

Highlights

- **Graduate Research Assistant,** Department of Health and Physical Education
- **Presenter:** Student Psychology Annual Research Conference. Topic: Spiritual & Mindful Parenting. 2005 & 2006
- **Awarded:** Alumni Fund for the Advancement of Human Science Research Award, Spring 2006
- **Teaching Assistant:** Department of Psychology, Spring Semester 2007
- **Research:** (Qualitative). Spiritual/Mindful Parenting. Self-directed study with mentor advisement
- **Planning Committee Member & Volunteer Coordinator:** UWG Psychology Alumni Conference Spring 2007
- **Date of graduation:** May 2007

(B.A.) Bachelor of Arts Degree, Psychology

University of West Georgia, Carrollton, GA 1986-1991
Bachelor of Arts, School of Arts and Sciences, Psychology (Philosophy minor)

Highlights

- **Dean's list**
- **Student Assistant:** Library, Foreign Language Laboratory & Performing Arts Center
- (1989-90 attended Georgia State University, 2 semesters, Dean's list)
- **Date of graduation:** *December, 1991*

Professional Credentials & Continuing Education 2011-2015

- Licensed Professional Counselor (LPC) in the State of Georgia. LPC #008378
- Maintain professional liability insurance
- CAQH & NPI registered
- Certified: CPR. February 2014-2016
- TCI training. Murphy Harpst. 2014& 2015.
- Obsessive Compulsive Disorder Training, 2014
- Various CE credits upon attending LPCA workshops as Western District Chair and Conference attendances
- Assessing Suicidality. 2014
- The Use of Play Therapy in Family Therapy. 2014
- The Ethics of Poverty: A Case Study in Individual and Societal Wellbeing. 2014
- 1013/2013: What. Why & How. An Overview of Appropriate Uses for Emergency Evaluations Including Several Case Scenarios. 2014
- Multicultural Competencies: Ethical Competencies & Practical Skills for Counseling Professionals. 2014
- True Psychology: 52 Effective Clinical Assessment, Psycho-education and Intervention Techniques & Tools You Can Use in Your Practice Tomorrow. 2014
- Brief Intervention & Referral to Treatment (SBIRT) & Motivational Interviewing. 2014
- Carroll County Meth Awareness Summit (CMAC). 2013 & 2014
- A Comparison of Erikson's Stages of Development with Fowler's Faith Development Stages.. 2013
- Binge Eating Disorder, Food Addiction & Obesity. 2013
- DHS Basic/Advanced Skills Training 2013
- Psychological First Aid Training, 2013
- Counseling on Access to Lethal Means (CALM) training, 2013
- Medical University of South Carolina Helping Heroes Training, 2013
- Certified: Safe Crisis Intervention for Patients & Professionals (SCIPP). 2011.
- Certified: Darkness to Light: Child Sexual Abuse Prevention and Awareness Training. 2010
- Georgia DHR Paraprofessional Certification "Essential Learning": Clinical/Mental Health. 2009.

Professional Memberships

- Licensed Professional Counselors Association (LPCA), Board Member, January 2011-**Present** (Board of Directors member: Western District Chair, 2012-2016. Executive Committee member 2012-13.
- Chi Sigma Iota: International Counseling Honors Society. June 2011-**Present**

Professional Experience

Present

Clinical Therapist

Private Practice
Carrollton, GA
August 2013-Present

As an independent contractor I see clients in private practice and provide professional mental health counseling services. I treat clients suffering from anxiety, depression, substance abuse, self-harm, life transitions, relationship & communication issues and stress management. I treat adults, couples, families, children & adolescents.

Clinical Therapist

Breakthrough.com
 Online Therapy Practice
 September 2015-Present

As an independent contractor, I provide professional mental health counseling services to children, adolescents, individuals & families in a private practice setting via an online platform.

Individual counseling, depression, anxiety, trauma, family counseling, teen girls, women, couples counseling, grief & loss, life transitions, substance abuse, emotional management, communication, relationships

Clinical Therapist

Dallas Family Counseling Center
 Dallas, GA
 July 2013-Present

As an independent contractor, I provide professional mental health counseling services to children, adolescents, individuals & families in a private practice setting.

Individual counseling, depression, anxiety, trauma, family counseling, teen girls, women, couples counseling, grief & loss, life transitions, substance abuse, emotional management, communication, relationships.

Past:**Clinical Therapist**

Murphy-Harpst Children's Center
 Cedartown, GA
 December, 2013 to November 2015

Part time consultant Therapist working with a caseload of child & adolescent patients and their families at the organization's residential facility& outpatient clinic.

Individual, family and group psychotherapy, skill building, coping skills, communication, emotional management, anxiety, depression, abuse and trauma, substance abuse, PTSD, life skills.

Clinical Therapist & Outreach Specialist.

The Potter's Behavioral Medicine Clinic.
 Villa Rica, GA & Hiram, GA
 March 2012- September 2013

A holistic mental health private medical practice, specializing in addiction, detox, medically assisted detox, dual diagnoses, mild autism, eating disorders, ADD/ADHD & general mental health psychotherapy & well-being for adults, adolescents and children. Provide intensive outpatient and individual counseling services. Working under direct supervision of the Psychiatrist, Nurse Practitioner, as well as in house and outside LPC's.

- Facilitate & case manage individual & group, intensive outpatient program group sessions and provide case management for adults and adolescents for substance abuse, wellness & mental health.
- Provide preliminary Psychiatric intake evaluations & diagnostic impressions along with Therapist intake assessments, ASI, ASAM, treatment planning, case management & treatment team meetings.
- Maintain a case load of individual clinic clients, including adults, children, families and adolescents, providing ongoing individual counseling to adults, adolescents, children & families.
- Provide computer assisted ADHD testing, observation, consultation and assessment.
- Utilize motivational interviewing, REBT, DBT, CBT, client centered Humanistic psychotherapy, & the matrix model for substance abuse, dual diagnosis and mental health issues.
- Lead therapist for clinic weight loss program
- Plan, initiate & execute community outreach efforts, events & programming
- Spearhead, organize, plan and co-facilitate a First Responder community outreach effort around addiction, the newest street drugs, stress management and trauma.
- Attend treatment team meetings & sit on the Paulding & Carroll County, Local Interagency Planning Team (LIPT), Paulding County System of Care, and the Cobb County Schools Prevention Intervention Coalition & Carroll Meth & Substance Abuse Awareness Coalition (CMAC) on behalf of the clinic.

- Carroll County Chamber of Commerce representative for the practice
- Work directly with other mental health agencies as a liaison to Psychiatrists, Psychologists, Counselors, Carroll & Paulding County DJJ, School Counselors and Psychologists and Carroll County Communities in Schools Site Coordinators in regard to referrals to the practice.
- Utilize my many contacts within the local and professional community, to provide community outreach services on behalf of the clinic
- Maintain web site and marketing efforts (Paulding, Douglas & Carroll)
- Ability to adapt easily to change and growth within a growing & ambitious private practice behavioral health clinic
- Workshop, presentation and training development: Creation, co-creation, facilitation & co-facilitation of specific educational programming, lunch & learns, conference exhibition, workshops, trainings and presentations on behalf of the practice including, in service, mental health agencies, community services, schools, law enforcement, churches and other venues.
- Experienced in Carepaths, Kareo, ASI, ASAM, & T.O.V.A. software & assessment systems

Intern. The Potter's Behavioral Medicine Clinic. Villa Rica, GA

August 2012-December 2012

For completion of an Advanced Internship for EdS in Professional Counseling & Supervision program & state licensure Facilitated & case managed individual and group counseling sessions around addiction, depression, anxiety, PTSD and trauma. In addition, performed intakes, assessments, evaluations, progress notes, case management, on-site and campus supervision, class participation, case conceptualization & presentation, professional development, readings, and discussion as listed below.

- Maintained progress notes and case management for morning IOP group.
- Maintained & case managed a case load of patients for individual sessions.
- Facilitator & case manager for morning 12 week Intensive Outpatient Program for substance abuse, 3 hours per day, 3 days per week.
- Co-facilitator for evening 12 week substance abuse IOP, 2 nights per week for 3 hours each & morning 8 week Mental Health IOP, 1 morning per week for 3 hours each.
- Performed assessments such as ASI, ASAM & ADHD assessments
- Performed Psychiatric evaluations and intakes
- Attended trainings, workshops, conferences, Board meetings, and other professional development programs
- Participated in assigned readings, videos, case conceptualizations, case presentations & self care projects
- Worked under direct on-site supervision and direction, as well as University supervision & direction, class attendance and participation
- 300 total combined internship hours completed encompassing all work listed above. Work schedule included 31.5 regular work hours per week, plus volunteer hours.

Director of Enrollment & Communications. University of West Georgia. College of Education Carrollton, GA

September 2011-March 2012

- Oversaw, developed & implemented all marketing & communications strategies for the College of Education
- Initiated, managed, & developed internal & community events, public relations, recruitment & outreach efforts
- Attended conferences & on campus & off campus events, designed for recruitment & visibility
- Advised and oversaw 18 Student Ambassadors & their activities
- Initiated COE Annual Report publication
- Worked toward branding the COE image
- Brought highly attended CEU counseling related events to COE through the LPCA partnership.
- Supervised a Graduate Research Assistant
- Worked closely with University Marketing to develop COE marketing materials and message
- Worked closely with Departmental Chairs to develop updated marketing materials
- Committee member for Convocation, Festival of Learning, University Social Media Collaborative & others
- Created & managed COE promotional efforts
- Developed & maintained alumni, student, faculty & retired faculty relations
- Implemented & oversaw all communication efforts such as daily updated to public visual screens, publications, newsletter, web site, blog, advertising, recruitment & social media.

Practicum Intern Phoenix Resource Center Carrollton, GA

August 2011-January 2012

For completion of pre-requisites for EdS degree in Professional Community Counseling and Supervision & state licensure.

- Provide in-home therapy, education & community support, Wrap Around, CORE & CBAY services.
- Work with DFACS & DJJ for case referrals and consultation
Participated in class discussion, case conceptualization, case presentation
- Family & individual therapy, substance abuse, addiction, life skills, domestic violence, family intervention
Worked under direct on site and campus supervision & direction.
150 Practicum hours completed encompassing all work listed above

Associate Clinical Therapist & Community Support Specialist: Willowbrooke at Tanner Hospital Carrollton, GA
January 2011-May 2011

- Worked with families and youth in home & at school to build & strengthen life skills & relationships.
- In-home individual & family therapy.
- Substance Abuse & addiction, sexual acting out, behavioral disorders, domestic violence, DJJ, DFACS, life skills
- Provided CORE, Wrap Around & IFI services
- Reinforced therapeutic goals & treatment plans
- Carroll, Coweta & Heard Counties
- Experienced in Mitchell and McCormick software

Mentor Coordinator & Lead Instructor for After School Education: Carrollton Housing Authority
ROSS Program (Resident Opportunities for Self Sufficiency)
Carrollton, GA, April 2010- November 2010

- Charged with the creation and development of an ongoing mentoring program for youth who live within the Carrollton Housing projects.
- Developed workshops and events designed to foster mentor/mentee relationships
- Trained mentors
- Matched mentors to mentees
- Maintained oversight of the program at large
- Part time: 20 hours per week. Grant funded position

Program Coordinator & Instructor : Georgia Highlands College. Carrollton Campus. August 2007- August 2009

- Managed a classroom of students & taught all 7 sections of The Freshman College Experience Courses for Accelerated Transfer Program (ATP), totaling 100 students per semester, for 2008-2009 academic year.
- Created a curriculum & designed a course around the text to teach college freshmen about student success habits, the core curriculum, navigating the campus, study skills, time management, interpersonal, communication, & leadership skills, as well how to effectively choose a major
- As part time Program Coordinator, managed the site operations of the part time ATP office on campus, advised students, served as liaison to West GA, worked with West GA to secure rooms, made schedule changes, answered student & faculty questions & concerns, & directed day to day operations of the program.
- ATP Program closed in August 2009.
- Proficient in BANNER, BANWeb, Web CT Vista (online course management tool) & the USG core Curriculum

Academic Advisor

University of West Georgia, College of Arts & Sciences & the EXCEL Center for Academic Excellence. Carrollton, GA.
November 2007-June 2008

- Advised & managed a case load of undergraduate students & referred students to appropriate departmental offices, faculty, & support services for help with academic, personal, career advising, academic skills development, & financial aid
- Independently researched, presented & played key role in UWG adopting the FOCUS-2 major/career assessment.
- Assisted students in deciding on a major & career. Researched, presented & played a key role in initiating the campus wide use of new major/career exploration software, (FOCUS-2) in order to advise & assist students more effectively when choosing a major
- Assisted at risk first year students in transition from high school to college & assisted all students in academic success
- Developed & present recruitment & retention programs,
- Participated in & created materials for orientation sessions, workshops, & other programs
- Wrote letters of recommendation for students

- Served as liaison for 6 specific academic departments & work with department chairs to advise students around programs
- Utilizing a self created curriculum & worked, intensively in the role of “academic coach” with a caseload of 52 high risk freshmen students on academic probation. Results: Achieved the highest retention rates of freshmen academic probation students among our staff of 8.
- Consistently received “extremely high” student advising evaluations
- Proficient in BANNER & the USG Core Curriculum

Independent Contractor & Client Listing

Owner/President, Creative Services Office Solutions. Atlanta, GA. August 2000-Present

Provide independent contractor and freelance services including:

- Membership association management
- Event support & management
- Training, teaching, teaching assistance, facilitation, online, web cast & classroom instruction
- Virtual personal/executive assistance
- Small business support services
- Consultant services
- Community, social services & Mental Health services (not licensed)

Owner/President, Love and Learning Parenting. Carrollton, GA. 2012-Present

Providing parent education from the heart. Offering 3, 5 and 10 session classes. Includes topics such as basic development, attachment, boundaries & discipline, self care, challenges to parenting, self awareness, the parenting role and more.

Personal Assistant, to Artist, Gordon E. Chandler

Carrollton, GA. March 2010-May 2012

- Oversee bookkeeping of artist’s personal and professional finances
- Maintain inventory tracking
- Contact galleries on behalf of artist
- Take photographs of work for submissions
- Apply to art showings, arrange travel, etc.
- Maintain organization of personal and professional life
- Part time: approx 10 hours per week as needed

Membership Association & Event Management.

Association of Corporate Counsel, Atlanta, GA. March 2006-January 2014

- Oversee & manage the state chapter of an international in-house, lawyer membership association
- Coordinate & manage monthly membership luncheon meetings working directly with speakers & sponsors
- Administer web site & collect CLE data
- Work closely with board of directors on special projects & regular meetings
- Work with national to implement standards & programs
- Answer inquiries, manage database & all aspects of our membership of 800
- Serve as the only consistent Board member each year & attend quarterly board meetings, give input & brainstorming for innovation & strategic planning.
- Part time contract. Approximately 30 hours per month

Online Teaching Assistant.eCore

University of West Georgia. Carrollton, GA. January 2010-May 2010

Assisted professor in facilitating online discussions, guide & advise students on assignments, responsible for evaluating & grading assignments, maintain general course housekeeping & organization. Utilized Web CT Vista. As needed

Technical Trainer/Consultant. Distance Education Help Desk

Distance Education. University of West Georgia. Carrollton, GA. November 2009-February 2010

- Took help calls & assist faculty & students with technical issues surrounding Web CT
- Assisted in preparing custom & general sessions for faculty training, course development & administering services.
- Actively worked with instructors & students on distance education & instructional technology projects through in person visits, as well as through technical help calls & special projects.
- Temporary Contract/Casual Labor position within a specifically allotted budget.

CT Trainer

Pathway's Community Network. Atlanta, GA. June 2008- December 2009

- Pathways Compass is a collaborative case management network among non-profit organizations.
- Provided on-site & web cast facilitation & training in confidentiality, ethics, best practices, case management & HIPAA compliance to community services staff at various locations in
- the state of Georgia & the Southeast.
- Primarily worked with homeless shelter staff & the Department of Community Affairs
- Trained staff to comply with federal, state and local privacy laws utilizing, but expanding on, a pre-created curriculum
- 100% success rate for all trainees in passing the required exam
- Contract: As needed.

Clinical Assessor & Family & Community Support Individual

Family Intervention Specialists. Hiram, GA. June 2008- July 2009

- Coached children & families in skill building, support, in home therapy, referrals, clinical assessments, parent & family support, advocacy & assessments to families & juvenile delinquents.
- Worked with families who have been referred by Department of Juvenile Justice, Department of Family & Children Services & other community resources to identify primary therapeutic needs & assessments.
- Individual & family, substance abuse & addiction, relationships, behavioral disorders, oppositional behavior
- Maintained HIPAA compliance & case notes utilizing the PIMA reporting system
- Part time Contract. As needed.

Instructor

Parents Forever of West GA, Carrollton, GA. June 2008-September 2008

- Facilitated a twice per month required parenting class for divorcing parents in Carroll County, utilizing a pre-created course.
- Provided resources, coaching & education about the effects of divorce on children & how to be effective parents despite the difficulty of divorce

Instructor & Higher Education Advisor

New Vision Academy. Douglasville, GA. August 2007-June 2009

- Created a curriculum & designed a course to teach upper high school students "Personal Relationships & The 7 Habits of Highly Effective Teens" at an accredited, private middle and high school learning center.
- Implemented & oversaw all fundraising efforts as the fundraising chair.
- Part time contract.

Parent Educator

Morningstar Family Resources. Carrollton, GA. September 2005-August 2006

- Served as a part-time in-home Parent Educator to families referred by DFACS who are in danger of losing their children to the state or who are trying to recover custody of their children.
- Individual & family, substance abuse & addiction, domestic violence, mental illness, behavioral disorders
- Working within state & local compliance, acted as a parenting coach to assist parents in the development of a unique, family specific action plan to enhance and enrich family life by developing effective parenting, discipline, hygiene, housekeeping, problem solving, & decision making.
- Filed appropriate paperwork & worked within HIPAA & state mandated guidelines
- Additionally, worked with Katrina evacuees & local Hispanic population
- Part time contract. Approximately 12-15 hours per week.